



ZUMBA

Begins January 22

Jan. 22 - Mar. 25

6:30 PM - 7:45 PM

West Campus Stansbury Building

\$10 Per Class OR 4 Classes for \$30

Zumba® is an interval-style dance fitness party that combines low-intensity and high-intensity moves. You'll burn lots of calories as you move to the rhythm with international-inspired dance moves.

Don't miss out on this great opportunity to stay fit and meet some new friends.

Register online at quilliancenter.org.

For additional details contact Beverly Okosun at 713-458-4707 or bokosun@quilliancenter.org.

quilliancenter.org