KIDS CAMP QUILLIAN **SPECIALTY CAMPS ROOKIE ENRICHMENT & SPORTS DESCRIPTIONS**

Rookie Camp is a special camp for our 5 and 6 years old. Your rookie camper will have the opportunity to try new fun activities throughout the summer! Campers will also participate in our weekly themed events and Chapel on Wednesday mornings. We will be on a rotating schedule of physical or enrichment activities during the 'Specialty Camp' period. This year Rookie Campers can choose an Enrichment track or Sports track. Enrichment activities will range from arts and crafts, movement, Chef. Jr and Hands on Activities related to STEAM. For the Sports track campers will do a variety of sports that can range from Basketball, Volleyball, Soccer. Baseball. etc.

Baseball: "Take me out to the ball game, take me out with the crowd"; your camper will be singing this and wanting to go to baseball games after this specialty camp! During the week, our campers learn the basics of throwing, catching, hitting, pitching and so much more! Can't wait to see you out on the field!





Basketball: During this time, your camper will be taught the basic techniques of shooting, dribbling, passing, rebounding and defense of basketball. This 'Specialty Camp' will not only provide a funda-

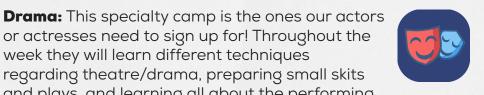
mental base for each young player but will also be a fun and enjoyable experience for every camper.

Cheer: Five, Six, Seven, Eight! One, Two, Three, Four! Those are the simples counts that Cheerleaders and use to help memorize their routine and help them stay on beat. Throughout the week we will be



working on proper stretching and then learn basic tumbling techniques and cheers.

Clay Creation: Get ready to mold, shape, and create! Campers will unleash their creativity as they craft their own masterpieces from scratch. Discover the joy of shaping your imagination into reality!



Golf: Bring your clubs, we are heading to the local driving range! You will learn how to chip, putt, hit iron shots, and learn how to properly play golf. Campers will be taken to the local driving ranges throughout the week by bus. Get those crazy golf pants out and get ready to practice that swing!

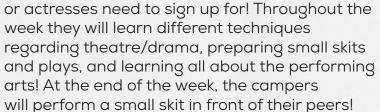


Jewelry Making: This is a fun opportunity to learn a new skill and share it with others. During this specialty camp, they will learn the basics of jewelry-making such as, designing, knotting and bead work; by the time this is over they will have their own handmade jewelry to keep!

Kickball: Kick up the fun and let the games begin! Get ready to lace up your sneakers and prepare for a whirlwind of excitement and slide your way to victory! Whether you're a pro or first-time kicker, this specialty camp is the ultimate playground for fun and friendly competition!

Gardening: Do you have a green thumb or a love for plants? Let's make this Earth a greener place! Throughout the week, your gardener will learn the basics of keeping plants alive, what soil is best for different plants, and will even get to take their own

plant at the end of the week! We will also be taking a trip to Woodchase Park to help care for Quillian's raised garden there! Get your gardening gloves ready!

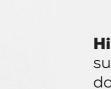




Flag Football: During this 'Specialty Camp', your camper will have the opportunity to try all positions of flag football. Campers will rotate through a variety of drill stations to practice the fundamental skills of all positions. Campers will

then get a chance to test out their new skill at the end of the week in a flag football game.

Fun Science: Learning science should be messy and a full of "OH'S" and "AH'S"! This specialty camp is exactly that. Campers will spend the week conducting science experiments and creating projects that are hands-on and mind-blowing. We promise we won't turn your camper into a mad scientist by the end of the week!



Glam Camp: Do you like bath bombs, DIY skin care or relaxing? Glam camp is going to give you all that and more! Throughout the week, campers will learn how to make bath bombs, body scrubs and so much more! This is a time to take a deep breath and relax

after a long school year.

Hip Hop Dance: In a week-long of high-energy summer fun hip hop dance class! Your child will doge into the vibrant world of hip hop culture as you learn funky footwork and dynamic moves.

Each day will feature exciting choreography sessions, where your child will master new moves and put them together into energetic routines. Whether your child is a beginner or has some experience, this summer camp is perfect for anyone!









Kid City: Do you like exploring? Do you want to learn more about our city? Kid city will give you that! Each day different businesses will be opening their doors to our campers and giving

them behind-the-scenes tours and access to things only employees can see. Campers will get to see what it takes for businesses to run and operate daily!

Martial Arts: The class will focus on the self-defense and discipline techniques of Karate.



Master Chef Jr.: Baking is a science where every ingredient has a function and in this 'Specialty' Camp' we are excited to explain why. In this fun filled class, students will learn the basics of baking including proper measuring and mixing techniques, and food science facts that affect their final product.

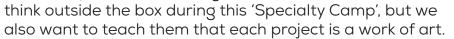
Model Making: Unleash your creativity and get ready to construct your wildest ideas this summer during model making! Campers will get to dive into the world of creativity by creating cars, trucks, planes, and more! Every camper will get to have the opportunity to hone their craftsmanship skills and craft something truly extraordinary!



Mixed Media Art: Calling all artists! This specialty camp is a MUST for you! During the week, campers will be learning all the supplies needed to achieve mixed media art. From paper to paints, to water-

colors or acrylic paints, you will learn how to use it all. This specialty camp makes you think outside the box and lets you express yourself through your art! Remember, creativity takes courage

Photography: Throughout the week, campers will learn the necessary skills to research, compose, and capture the perfect digital picture through a lens! Campers are encouraged to be creative and



supportive environment.

Pickle ball: Do you like ping pong? Do you like tennis? WELL, this is the perfect pick for you! Pickle ball is a paddle board sport that combines elements of badminton, table tennis, and tennis. Throughout the week, your camper will learn the

Robotics: How would you like to design your very

own robot? During this specialty camp, you can

expect to power up your imagination and engi-

neering skills! This summer our campers will get to



rules of pickle ball, how to use the equipment properly, how to set up the court and how to play! Get ready to LOVE this sport, because Quillian sure does!

Pinewood Derby: Start your engines and spark your imagination! Campers will get to craft, customize, and race their own sleek wooden cars! Racers will not only build their own cars, but also ignite their imagination, creativity, and competitive spirit!

design their own futuristic robots in a dynamic and

Scrapbooking: Do you want to save those mem-

photos and make a scrapbook out of them! During

this time, your camper will learn how to make their

ories you made a few years ago? Bring in those

see what ideas you come up with!



Tennis: Get your rackets ready, we are playing tennis at our local tennis courts this summer! Throughout the week, campers will learn the proper rules, footwork, strokes and serves regarding tennis. Make sure to bring a water bottle and a go-get-em' attitude!



Veterinary Science: Are you interested in animals? Do you want to be a Vet one day? Well, sign up for this class, NOW! Throughout the week, campers will learn how veterinarians take care of certain animals, what they do to prevent sickness, and a trip to a local animal shelter to meet a local veterinarian!



to create beautiful designs and learn the skill of sewing and stitching. **Soccer:** Our soccer coaches will work with your

memories last a lifetime with a scrapbook. We are excited to

Sewing: This is a great class for kids to learn how

to sew simple projects together. Campers will get

young athlete to improve their soccer techniques with skills and drills such as, dribbling, passing, receiving the ball on the ground and in the air, shoot-

ing tips and tricks. I can't wait to hear all the campers scream "GOAL" when someone scores this summer!



STEAM Camp: This fun and interactive hour introduces young minds to the exciting world of STEAM through hands-on activities that foster creativity, critical thinking, and problem-solving skills. Kids will explore the interconnectedness of science, technology, engineering, arts, and mathematics in real world applications while having a blase with engaging projects.

> Tumbling: Are you ready to tumble? This class will have your camper practicing acrobatic movements such as rolls, twists, handsprings, and somersaults. This is a great class for the camper who loves to keep active!

Volleyball: Bump, Set, SPIKE! Our volleyball specialty camp is taught through drills and exercises that focus on passing, setting, hitting, and serving the ball. Our volleyball coaches will assist each camper with developing those skills. Get ready for your camper to be rotating around the volleyball court like a pro!

Please note specialty camps ae subject to be cancelled due to low enrollment.





