Specialty Camp Descriptions

**Basketball:**
Whether you are a newcomer to the game or ready to play for the Rockets we have the camp for you! Our campers will be grouped by age to learn new skills and build on skills they may already have. We will dribble, pass, shoot, play knock out and full 5 on 5 games. This camp is the perfect way to be active and have fun during the summer! Basketball will be lead by Memorial High School Assistant Women’s Coach, Kyla Moles.

**Volleyball:**
(8&UP) Bump, set, SPIKE! The volleyball camp will teach campers about positions and skills needed to play the game of volleyball. By the end of camp your athlete will know just what it takes to rotate around the volleyball court and **KILL IT!**

**Soccer:**
GOOOOOOALLLLL!!! Our soccer camp will work with your young athlete to improve soccer skills, confidence and overall understanding of the game. Your athlete will fit in and have a great time no matter what their soccer skill level is. They will love soaking up some sun and running about playing on Quillian's fields! Cody Moles, Head Coach at Duchesne Academy will be our lead instructor for all soccer camps.

**Flag Football:**
Flag football has all the action, speed, agility and excitement of football, minus the tackling. Campers will learn the importance of squaring up to pull a flag and all the fundamentals to this safer alternative to tackle football.

**Baseball:**
Have you ever wanted to be taught by collegiate baseball coaches? This camp is for you! Head University of St. Thomas, Clayton Vanderlaan and his staff will be ready to train our future Astros! Join us in camp to learn the basics of throwing, catching, hitting, pitching, fielding, and more! Players will have the opportunity to have batting practice with a pitching machine. We have built the fields for your baseball dreams!

**Ultimate Sports:**
(8&UP)
Looking for a thrill and a variety of sports? This camp is the one! During this camp your Ultimate Athlete will have the chance to play sports not as common and available. Sports like, kickball, ultimate frisbee, and street hockey.
Back to Nature:
(8&UP)
This camp is for the explorer! Each day campers will load up on the Quillian Bus and head to local parks. Campers will go on hikes and explore the nature and wildlife found on the trails. Campers will also have the opportunity to participate in nature activities here at Quillian and in the Houston area.

Golf or Little Putters:
Who is ready to tee up at a local driving range? If you are ready to learn to chip, putt, hit iron shots, and learn golf etiquette, we are ready for you! Our campers will be taken to local driving ranges throughout the week to learn and practice their skills. Get out those crazy golf pants and be ready to swing! Kids will get to learn from our very own QUILLIAN DIRECTOR, Mr. Tom Gaden!!

Kid City:
(8&UP)
Campers in this camp will have a backstage pass to the city. Each day area restaurants and businesses will be opening their doors and giving campers behind the scenes tours. Campers will learn what happens in the kitchens and offices, discovering what it takes to make a business operate. What a great chance to explore new places and new careers!

Art-ventures:
(8&UP)
Be prepared to keep those creative juices flowing all week! Campers will spend the week working on larger projects that will keep them busy over the whole week, or for a few days. Former Quillian counselor and current St. Cecilia Teacher, Krystal Martin, will be instructing all art classes this summer.
**CrossFit:**
If you are on the fence about exercising or if you already know you love it, this camp is for you. Our CrossFit camp is designed for kids, the instructor will meet you where your fitness level is. The focus will be on strength and conditioning and on fostering a love for fitness. We want all of our campers to know they are strong and capable!

**Knights & Queens or Grand Masters (Chess)**
We have the perfect opportunity for any of our gamers, CHESS! Chess is perfect for those that like to think three steps ahead of everyone else. This camp will introduce campers to the complex world of chess. Chess incorporates many aspects of thinking and learning, what a great way to keep those minds sharp and finely tuned while competing and having fun this summer!

**Tennis:**
What do you serve but not eat? *A tennis ball, OF COURSE!* We have tennis balls ready to be served by this year's tennis campers! Campers will learn the fundamentals of tennis. We will spend time learning to hold a racquet, hit forehand, and backhand shots. There will be plenty of chances to folly with your friends if you join one of our tennis camps.

**Cheerleading:**
TWO, FOUR, SIX, EIGHT, who do we appreciate? CAMPERS! Cheer and tumbling campers will begin with learning proper stretching and then learn basic tumbling techniques and cheers. These campers will learn and lead our summer camp cheers. We are ready to be led by the 2018 Camp Cheerleaders!

**Swim Lessons:**
Can there be a better way to spend time at summer camp than learning and improving your swimming skills? Our campers have the opportunity to sign up for lessons with Red Cross Swim Instructions taught by Greater Houston Pool Management. Students will learn basic aquatic skills and strokes. Campers will progress at their own rate.
Dance:
Ready to hit the dance floor and learn some new moves? Then this is the program for you! Campers will learn tasteful, contemporary dance moves to this summer’s hottest songs. Our dancers will light up the stage at the end of the week and perform a polished, funky and fun dance routine!

Pinewood Derby:
Where do you think Enzo Ferrari and Mario Andretti developed their love for speed and cars? The Pinewood Derby of course! This year Quillian campers will have a chance to tap into the designer and speedster within. During the pinewood derby session campers will design, carve, paint, and finally RACE pinewood derby cars.

Vacation Bible School:
First United Methodist invites campers to join them for a week of Vacation Bible School. Campers will learn about the Bible and God's love for us while singing, cheering, dancing, crafting and playing games!

Martial Arts:
Campers in the Martial Arts camp will get to sample moves from the world of Mixed Martial Arts. Elite MMA instructors will teach campers basic self-defense techniques as well as other basic MMA moves. Come grapple with us!

Rookie Sports*:
Not quite ready to commit to one sport for a week-long camp? Then we have the perfect option for you. Campers between the ages of 5-7 will love participating in the Rookie Sports camp program. They will learn the basics and play a different sport every day! Rookie sport campers will play soccer, volleyball, basketball, baseball, and flag football! What a great way to find your niche in the sporting world!

Discovery Science:
Learning science should be messy and full of "OOOOOH'S" and "AAAAAH'S". Discovery science is exactly that! Campers will spend the week conducting science experiments and creating projects that are hands on, fun, and mind blowing. Discovery camp is sure to keep those minds sharp and those spirits happy!
**Wild Cards:**
During this camp, campers will learn all sorts of card and table games. From WAR to Rummy campers will love learning games that they will never grow tired of playing!

**Fixer Upper:**
Using newly taught handyman skills, students will have the ability and confidence to fix any simple household problems that might occur; whether it be a hole in the wall, a burnt out wall outlet, or replacing a doorknob or leaking faucet. Lead by handyman extraordinaire, Vu Bui, teacher at St. Cecilia Catholic School.

**Rocket Building:**
3….2….1.....BLAST OFF!! Ever wondered what it was like to shoot a rocket as high into the sky as you can? Let’s find out! Spend your week building the perfect model rocket and then launch it into the sky on the last day.

**Rugby:**
Learn the ins and outs of one of the hottest games in the world, RUGBY! Houston’s own professional rugby team, the Sabercats will teach campers all they need to know about one of the most played sports in the world.

**Backyard Games:**
Horseshoes, washers, tetherball, OH MY! Learn all you need to know about having fun at that backyard BBQ. You will be a definite ringer at that next family reunion after this specialty camp.

**Bunt-n-Run:**
Our younger campers will have a great time learning the basics of baseball in this camp. They will bat, field and learn the skills behind becoming a home run king or queen!

**Glam Camp:**
This camp is perfect for our up and coming fasionistas. During Glam Camp, campers will learn to do different hairstyles, give each other manicures and learn makeup techniques.
**Arts & Crafts:**
Arts and Crafts Galore! Our artists will have projects designed to let their creativity run wild. Campers will work different smaller projects each day. So, get those creative juices flowing, and be prepared to immerse yourselves in the world of paint, glue, pom poms, and fun! Former Quillian counselor and current St. Cecilia Teacher, Krystal Martin, will be instructing all art classes this summer.

**Outdoor Adventures:**
Outdoor Adventures is for our younger campers. We will explore around Quillian fields and campus. On Fridays we will go to an area park and hit the hiking trails!

**Music:**
During music camp, campers will learn to play some instruments and learn a song. On Thursday campers will get to record a song in the FUMC recording booth! Led by First United Methodist Church Houston’s worship leader Anthony Rogers.

**Twirl:**
During Twirl camp we will learn to twirl batons! By the end of the week our campers will be well on their way to leading the band or performing in a parade with their twirling skills!

**Gardening:**
During the week campers will learn about plants and gardening. They will work in Quillian gardens and work on projects to bring home.

**Magic:**
David Copperfield, Houdini, and even QMC’s own Carter Blackburn all had to start somewhere. This magic class will teach some of the basics to becoming a world famous magician. Learn some slight of hand, and maybe even pull a rabbit our of your hat! Phil Kampf (headliner at Magic Island) will be the lead instructor. Class includes basic magic kit.